VIA FIDELIS:
THE FAITHFUL WAY

UNDERSTAND THE FAITH
YEAR 2 STUDY GUIDES

Monthly study guides can be used in personal prayer and for small group reflection.

DECEMBER 2026

SCRIPTURE
Read Matthew 11:28-30

REFLECT:
1. What do you think the message Jesus is here in this passage from Matthew's Gospel?
2. What are the burdens and labors we carry that "weigh us down"? Some of them are likely necessary, but are they all?
3. In what ways can we turn our burdens and labors over to Christ? What might this look like in practice?

READ: A selection from *Via Fidelis* — Diocesan Retreats & Speaking Events (pg. 31)

As we embark on this part of our *Via Fidelis*, we seek renewal and revitalization. We desire to embrace the richness of our faith with open hearts and minds. By deepening our understanding of the sacred Scriptures, the *Catechism of the Catholic Church* and the teachings of the Church Fathers and spiritual masters, we equip ourselves to grow spiritually with our fellow believers in South Carolina.

Our collective efforts to engage in parish life, participate in programs of formation and invite others to explore the faith will all serve to strengthen our community and bring it more under the kingship of Jesus Christ.

Together, let us remain consistent in our commitment to live out the Gospel, drawing inspiration from the timeless truths of our faith and the enduring example of the Lord Jesus.

REFLECT:
1. In this brief selection, the bishop talks about renewal and revitalization. How does our reflection on Scripture and Tradition help this renewal?
2. Why is it helpful to reflect on these with others in small groups or as part of parish formation opportunities?
3. Why is it also important to invite others to these opportunities?

