

UNDERSTAND THE FAITH YEAR 2 STUDY GUIDES

Monthly study guides can be used in personal prayer and for small group reflection.

OCTOBER 2026

SCRIPTURE

Read 2 Timothy 1:6-14

REFLECT:

1. In this passage, Paul reminds Timothy of the gift and calling that he been given in his ministry. In what ways has God called you to serve Him and what grace has accompanied that calling?
2. How do we live in the same kind of boldness that Paul is encouraging Timothy to have?
3. At the end of this passage, Timothy is asked to guard that which has been entrusted to him. How does this help us understand how we are to consider what has been entrusted to the Church in the "Deposit of Faith", that is, Scripture and Tradition?

READ: A selection from *Via Fidelis* — Learning the *Catechism of the Catholic Church* (pg. 30)

The *Catechism of the Catholic Church* is a fruit of the Second Vatican Council and a gift given to the Church by St. John Paul II. It is an important resource and reference for the faithful, especially when it comes to clarifying the Church's teachings on contemporary or controversial issues. The Catechism is a roadmap that can form our minds and consciences with the doctrinal, sacramental, moral and spiritual teachings of the Church.

We are so fortunate to have easy access to the central teachings of our faith and to have them all in one simple volume!

I encourage all believers to read and become familiar with the *Catechism of the Catholic Church*. We need to ensure that our reading of the *Catechism* is done in the light of the sacred Scriptures and in the living Tradition of the Church. With both the Bible and the *Catechism*, we can know sacred doctrine, discern the will of God and allow the Holy Spirit to work in us and give us his guidance.

REFLECT:

1. In this selection, the Bishop discusses the *Catechism of the Catholic Church*. What has been your experience with the Catechism in the past and in the present?
2. What are some concrete ways to work study of the *Catechism* into everyday life?
3. Why is it important to be familiar with and understand both Scripture and Tradition? How has this nourished your own spiritual life?

