

# UNDERSTAND THE FAITH | MONTHLY ACTIVITIES

## February | Podcast

Try listening to a Catholic podcast – there are many excellent free options available.



## March | Small Group

Join or start a small faith group (using the weekly study guide provided by the diocese.)\*



## April | Experiences

Ask someone of a different age or background about their experiences growing up Catholic.



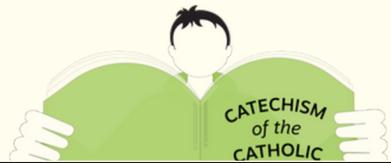
## May | Marian Apparition

Learn about a particular Marian apparition, such as at Lourdes or Fatima.



## June | Catechism

Buy a catechism if you don't have one yet and look up a topic that you have always wondered about. (Ask your parish if they sell affordable bulk *Catechism* copies.)



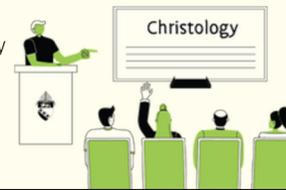
## July | Eucharistic Miracles

Read about Eucharistic miracles. Look into St. Carlo Acutis' collection!



## August | Apologetics

Look on an apologetics (defending the faith) websites, such as Catholic Answers, to be able to respond to questions you are commonly asked about our faith!



## September | Fall Faith Opportunities

Participate in one faith formation opportunity offered by your parish or by the diocese.



## October | Scriptural Rosary

Pray the Scriptural Rosary.



## November | Saint of the Day

Read online about the saint of the day.



## December | Advent

Read the Little Blue Book devotional for Advent or one of your choice as a family or as part of a bible study.



VIA FIDELIS:  
THE FAITHFUL WAY

[charlestdiocese.org/via-fidelis](http://charlestdiocese.org/via-fidelis)