



5 EASY STEPS – *click underlined items*

1

INCLUDE: IN HOLY MASS

Homily for Sunday and Weekday Masses [ENGLISH](#) [SPANISH](#)

[Prayers of the Faithful](#)



2

PARTICIPATE: IN NFP EVENTS – IN PERSON & VIRTUAL

JULY 23 • 11:30 AM • Mass , Lunch & Discussion

Holy Mass, Luncheon with Discussion

[Cycle Charting: A Window to Women’s Health with Healthcare Professionals](#)

Chapel Bon Secours Hospital in Charleston.

JULY 24 • 7 PM • Teens & Parents

[Wonder of Eve – for Teens and Moms](#)

[Strength of Adam – for Teens and Dads](#)

[La Maravilla de Eva: para Mama y Hijas](#)

[La Fuerza de Adan: para Papa y Hijos](#)

Our Lady of the Hills Church, 2nd Floor Family Life Center, 120 Marydale Lane, Columbia



JULY 25- AUG 2 • 7 PM • Virtual Novena

[Virtual Bilingual Novena to Sts. Anne & Joachim for Couples with Infertility_\(via Zoom\)](#)

3

PUBLISH: YOUR BULLETIN, WEBSITE, SOCIAL MEDIA

Bulletin insert: Love Beyond Measure [ENGLISH](#) | [SPANISH](#)

[Bulletin Announcements](#)

[Social Media Graphics](#)

[Event Flyers](#)

4

ATTEND: A FREE CLASS

[NFP Intro Session Schedule](#) (*in-person and online*)



5

FOLLOW: AND LIKE @NFPSC

[Natural Family Planning – Diocese of Charleston](#)