

# Simply Love

A Catholic Marriage Retreat



FEATURING

SEPT. 24-25, 2022

Renew your love & invest in your marriage through inspiring talks, couple prayer, discussion & activities.



Troy & Kathleen Billings



Allen & Denae Hebert

\$300 per couple  
Lodging and meals included

Heart Ridge Retreat Center  
130 Heart Ridge Drive  
Sunset, SC 29685

[nburt@charlestondiocese.org](mailto:nburt@charlestondiocese.org)  
803-899-4946



OFFICE OF FAMILY LIFE  
*A Ministry of the Diocese of Charleston*



REGISTER: <https://bit.ly/septsimplylove>

# Schedule



8:00–9:00 am	Check In
9:00–9:30 am	Welcome & Introductions
9:30–10:15 am	<b>TALK 1 – SIMPLY LOVE</b>
10:15–10:45 am	Couple Reflection Time / Discussion Questions
10:45–11:15 am	The Cana Rosary
11:30 am–12:00 pm	<b>TALK 2 – NOT A SIMPLE LOVE</b>
12:00–12:45 pm	Lunch
12:45–1:00 pm	Reflection on Confession
1:00–2:00 pm	Couple Holy Hour / Confession available
2:00–2:45 pm	<b>TALK 3 – BEAUTY IN THE BREAKING</b>
2:45–3:15 pm	Couple Reflection Time / Discussion Questions
3:15–4:00 pm	<b>TALK 4 – ABUNDANT LIFE IN CHRIST</b>
4:00–4:30 pm	Couple Goal Setting
4:30–5:30 pm	<b>MASS</b>
5:45–7:00 pm	Dinner
7:00–7:30 pm	Couple Prayer
7:30–8:00 pm	Couple Prayer Time
8:00–8:45 pm	Write Love Notes /Share Love Notes
8:45–9:00 pm	Closing Prayer / Closing Remarks





# Speakers



## TROY & KATHLEEN BILLINGS

[seasonsoftheheartandhome.com](http://seasonsoftheheartandhome.com)

Troy and Kathleen Billings met at the University of Notre Dame when paired up to perform a dance together for a Christmas show. Several years later their lives reunited, they fell in love and began the real dance in the sacrament of marriage. The Billings recently relocated from the Chicago area to Greenville, SC, with their five children, ages 7 to 24. **TROY** is a senior global program director for SAP. **KATHLEEN** is a national speaker and author, who writes for Catholic Mom, Women in the New Evangelization (WINE), and has a blog entitled “Two to Tango” at [foryourmarriage.org](http://foryourmarriage.org), an initiative of the U.S. Conference of Catholic Bishops. Kathleen is also a contributing author to the books, “Amazing Grace for Mothers” (*Ascension Press*), and “Called by Name: 365 Daily Devotions for Catholic Women” (*Ave Maria Press*). Troy and Kathleen are frequent speakers nationwide on the topic of marriage, and have a forthcoming daily devotional for Catholic couples, which is scheduled for release in August 2022 (*Our Sunday Visitor*).

## ALLEN & DENAE HEBERT

[yourholymfamily.org](http://yourholymfamily.org)

Allen and Denae Hebert have been married for over 30 years and are blessed with nine children. They founded Your Holy Family Ministries in 2013 with a mission to equip and empower parents to live as authentic Catholic families, and to evangelize their children and their communities. **ALLEN** is an IT professional who has worked as a sales engineer at several companies. He has been a presenter for various marriage and family life events, adult faith formation, RCIA, youth ministry, pro-life events and conferences. He has authored three books: “33 Day Family Consecration: A Guide for Parents to Total Consecration to Jesus Through Mary” (*Your Holy Family*), “33 Day Family Consecration Coloring Book” (*Broussard Press*), and “Abuse of Trust: Healing from Clerical Sexual Abuse” (*Broussard Press*). **DENAE** holds a Masters in Educational Administration and homeschools the Hebert children. She has presented for marriage and family life, women and youth events. She has developed and directed retreats for teens for 10 years. Allen and Denae have organized, led and presented retreats for families for the past decade.

A Catholic Marriage Day of Renewal

