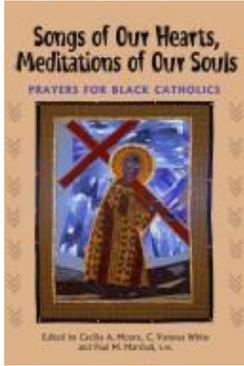


**Reading List suggestions**  
**by Sr. Roberta Fulton SSMN**

**Publications**

**Songs of Our Hearts, Meditations of Our Souls: Prayers for Black Catholics**

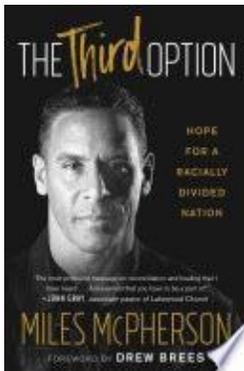


Cecilia Annette Moore, C. Vanessa White, Paul M. Marshall  
Franciscan Media, 2006 - 103 pages

"In these prayers you will discover the expression, expectation and desire for a just, human, open, welcoming and inclusive society. Prayer and faith in the African American Tradition is the vibrant connection with a God who liberates."  
—from the Introduction

Traditions come together in this book of prayer. The African American faith tradition, the Roman Catholic Christian tradition and the variety of forms of prayer from African peoples have framed the content of this volume. You will find liturgical prayer, prayers for families and communities, meditations and prayers of healing, inspiration, consolation, freedom and reconciliation.

**The Third Option: Hope for a Racially Divided Nation**



By Miles McPherson  
Simon and Schuster, Sep 11, 2018 - 272 pages

*Miles McPherson, founder of The Rock Church in San Diego, presents “a discussion about race that we desperately need...a must read” (Bishop T.D. Jakes, Senior Pastor, The Potter’s House) and argues that we must learn to see people not by the color of their skin, but as God sees them—humans created in the image of God.*

Experience the highest level of impact and breakthrough in helping to alleviate racial tension in our churches, communities, and country.

Pastor Miles McPherson’s book, *The Third Option: Hope for a Racially Divided Nation*, offers guidance on this issue, by identifying the cultural influences that shape our attitudes on race, and explaining why we must honor the priceless value of God’s image in all people. (From Goodreads: <https://www.goodreads.com/book/show/38532169-the-third-option>)



## **Four Generations of Color**

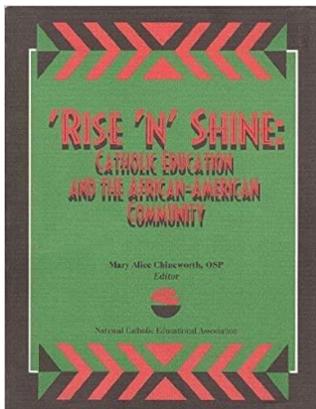
Miles McAfee Ph.D. with David Steele  
AuthorHouse, 2003 - 224 pages

With all that has been said and written about the way African Americans have altered the landscape in sports, it has still only scratched the surface. The true, lasting effect of the discrimination they have faced is finally unveiled by a man who is not in baseball's Hall of Fame, but who has played with, coached, scouted and represented athletes of all colors at every level of the national pastime for more than half a century.

Dr. Miles McAfee sheds light not only on the generations of whites that have kept the power structure to themselves, but on the generations of African Americans (and blacks, Negroes, back to the days when they were called colored) who have absorbed the prejudices of the majority and turned it upon themselves. African Americans have long had opportunities to work collectively toward increasing their power in an industry they dominate -yet their own self-hatred and distrust has held them back just as much as racism from others.

More than a memoir, a sports biography, a self-empowerment volume or a consciousness-raiser, Dr. McAfee's story blend them all in a cautionary tale about the ingrained behavior of two races that can, and must, change. (From AuthorHouse <https://www.authorhouse.com/en/bookstore/bookdetails/237918-four-generations-of-color>)

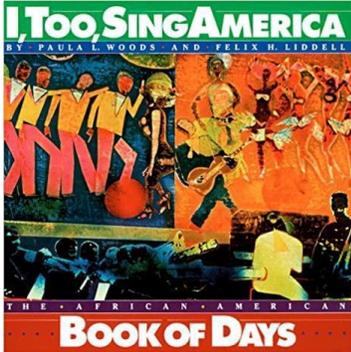
## **Rise'n Shine: the African American Community**



Editor- Mary Alice Chineworth, OSP National Catholic Educational Association, 1996

African-Americans have been present in Catholic schools since their beginnings in the United States. The six essays in this book examine Catholic education from the perspective of the African-American Catholic. The essays underscore the continued challenge for continuing Catholic schools in the African-American community. They include: (1) an overview of African-American Catholic culture and history, by Dr. Giles A. Conwill; (2) suggestions for transforming the curriculum for inclusion, by Sr. Eva Regina Martin, SSF; (3) a philosophy of black

religious pedagogy, by Dr. Joseph A. Brown, SJ; (4) an examination of evangelization and spirituality in the African-American Catholic experience, by Therese Wilson Favors and Beverly A. Carroll; (5) African-American leadership in Catholic education, by Dr. Loretta M. Butler; and (6) descriptions of model schools, by Beverly A. Carroll. References accompany each article. Samples of gospel reflections and accompanying African proverbs are offered in the fourth essay. (From Amazon; purchase <https://www.amazon.com/Risen-Shine-African-American-Community/dp/1558331778>)

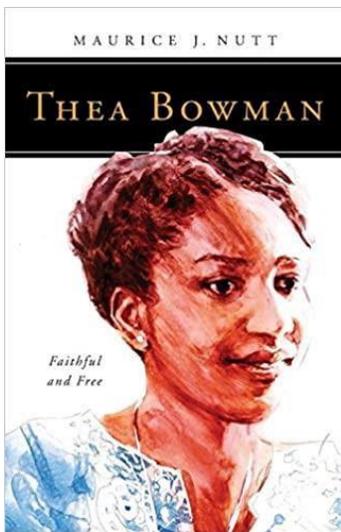


### **I, Too, Sing America: The African American Book of Days**

by Paula L. Woods (Author), Felix H. Liddell (Author)  
Hardcover – Box set, July 1, 1992

Celebrate 500 years of black achievement with this book of days that chronicles African-American milestones in politics, religion, medicine, science, business, education, literature, art, sports, and entertainment. This book features over 300 full-color and black-and-white illustrations and 60 reproductions of work by notable black artists.

### **Thea Bowman: Faithful and Free (People of God)**



by Maurice J. Nutt CSsR (Author)

Liturgical Press, 2019

With every passing year since her death in 1990, more people are recognizing Sister Thea Bowman as one of the most inspiring figures in American Catholic history. This granddaughter of slaves became Catholic on her own initiative at the age of nine. As a Franciscan sister, she lived a wide-ranging ministry of joy, music, and justice.

Now Father Maurice Nutt offers a new biography of Sister Thea that introduces her and sheds new light on who she was. Drawing on careful research and the insights of people who were close to her, Nutt explores her personality, her passion, her mission, and her prayer. He captures

Thea Bowman as she was: an unapologetically African American woman, a religious sister who deeply loved God and the people to whom she ministered through teaching, preaching, and singing, and who embraced the blessing of her ancestry, the wisdom of the “old folks,” and a passion for justice and equality for all God’s children. (From Amazon <https://www.amazon.com/Thea-Bowman-Faithful-Free-People/dp/0814646085>)

