

Spiritual Direction



Many religious traditions encourage the use of a spiritual guide to facilitate and assist believers on the path of spiritual growth. What makes a Catholic spiritual director different is that he or she is not a guru whose words are to be obeyed blindly, but rather a companion and resource on your own personal journey of faith.

The following link provides the names of Catholic certified spiritual directors in the state of South Carolina who have been researched by the Diocese of Charleston Office of Spirituality and Formation for Ministry. Each are willing to receive new people for this wonderful service.

<https://charlethondioocese.org/formation-for-ministry/spiritual-directors-in-south-carolina/>

For questions or further information, please contact Sr. Kathy Adamski, OSF, in the Office of Spirituality and Formation for Ministry (843) 261-0498 or kadamski@charlethondioocese.org