

# Buzz Report

Office of Spirituality and Formation for Mission

November 2020



## From the Desk of Sr. Kathy...

Dear Friends:

The month of November is a month to remember and one in which to give thanksgiving. On the first of the month, we commemorated the beautiful feast of All Saints and we thanked God for these wonderful individuals. In my Franciscan Neumann community, we recalled our Sister/Saint Mary Ann Cope who served with Fr. Damian in Moloka'i with the lepers and those ostracized both from the Hawaiian islands and the mainland. Second, we prayed on the second of November for All Souls who have gone before us marked with a sign of grace and experiencing God's beatific vision. Can you imagine when you will see God face to face and live in eternity? Lastly, next week, we commemorate the American feast of Thanksgiving. I cannot help but wonder how those families who experienced the death of a loved one because of Covid will remember this year. May we pray especially this Thanksgiving for all in our world who are remembering those who were lost to disease, war, famine and injustices. May our prayers rise up like incense and may we continually remember those who have gone before us.

Last month, the Multimedia Department asked me if I would do short videos on topics of Spirituality and I was all too ready to accept the challenge. Each is only 4 minutes or so, and the topics covered include topics such as what is spirituality, what is prayer and how can one pray better, to mention a few. Upcoming ones will deal with the meaning of human suffering and Advent topics. Please send questions or topics you would like to see discussed to me at [kadamskie@charlestdiocese.org](mailto:kadamskie@charlestdiocese.org). I look forward to reading them!

I invite you to join the Office of Spirituality Facebook group to view the Spirituality Spots, learn about the Saint of the Day, and discuss other timely issues.

<https://www.facebook.com/groups/309585820032820>

Peace and all good,

Sister Kathy Adamski, OSF



## GLOBAL NEWS

### World Day of the Poor

On the 33rd Sunday in Ordinary Time, Pope Francis inaugurated a new dedication: The World Day of the Poor. You may recall that this past Sunday's gospel was about the parable of the Talents. It is about a master who entrusts his servants with talents distributed according to their ability. The Pope said the parable sheds light on the beginning, center, and end of our own lives. It is a beautiful reflection, I find, for this month of November. [Click here to read the Pope's homily.](#)

*(photo courtesy of Vatican News)*



## NATIONAL NEWS

### USCCB November 2020 Virtual Plenary Assembly

American Bishops met for the very first time virtually for their fall plenary session. Approximately 300 bishops cleared technological hurdles to make sure their individual responses came through via the teleconference format. On day one of the assembly, during which the American prelates normally would have met in Baltimore, the meeting agenda included the McCarrick report, pandemic concerns, and racism.

View the live stream: <https://www.usccb.org/general-assembly-november-2020>

*(Photo courtesy of usccb.org)*



## LOCAL NEWS

### Spirituality Spots With Sr. Kathy

Join Sr. Kathy for her weekly series of short videos on spirituality, entitled Spirituality Spots. To be added to her weekly distribution list, please email [kadamski@charlestdioocese.org](mailto:kadamski@charlestdioocese.org). A new Spirituality Spot debuts each Friday in the Office of Spirituality and Formation for Ministry private Facebook <https://www.facebook.com/groups/309585820032820> group as well as the Diocese of Charleston's Facebook page <https://www.facebook.com/DiooceseChas.>

To view the series in its entirety, please visit: <https://charlestdioocese.org/formation-for-ministry/spirituality-spots-with-sr-kathy-adamski-osf/>



## New Spiritual Directors Commissioned

On Saturday, November 14, 2020, the Bishop commissioned the new Spiritual Directors for the Diocese of Charleston. As students, they studied for two years and completed their practicum with Spring Hill College. The group met with Fr. Christopher Viscardi, SJ once a month at Our Lady of the Hills in Columbia and once a month on ZOOM. The second year of study was a practicum where they met with people seeking spiritual direction. Mass was followed by an appreciation luncheon. The diocesan liaisons for the program are Sr. Kathy Adamski, OSF and Deacon Tom Whalen.

This first class included nine people. The next class, which began in September has 17 individuals being trained to be spiritual directors or mentors. It is thrilling to see that more Catholics are seeking to be trained and more seeking to be mentored so that each grow deeper in their intimate relationship with Jesus.

Anyone who feels they may be called to be a spiritual director should contact Sr. Kathy Adamski at 843.261.0498 or [kadamski@charlestdiocese.org](mailto:kadamski@charlestdiocese.org).



*Pictured Left to Right: Dcn. Kurt Herbst, Sister Nelida Naveros-Cordova (Spring Hill Professor) Marilyn Mauriello, Bishop Guglielmone, Fr. John Bosco, Carole Nicolini and Deacons Barry O'Brien and Bert Chavez. Not Pictured: Elena Ziegler, Sue Hinderlinder and John Sarpy.*



## Spiritual Direction Commissioning Mass Video 1



## RCIA Retreat

On November 15, 2020 Sr. Kathy had the honor of facilitating an RCIA retreat at St. Michael the Archangel Church, Murrell's Inlet. As a former RCIA director, she was highly impressed with their RCIA team and their witnessing of the faith to those who have an interest in becoming Catholic. Congratulations to the team at St. Michael's and all those who attended the retreat!



## Year Six Formation for Ministry Resumes in January

First semester sessions of Year Six Formation for Mission and Ministry for parish staff in the the deaneries of Rock Hill, Myrtle Beach, Greenville, and Aiken were well attended via Zoom. Sessions were also held in person in Rock Hill, Greenville, and Beaufort. Beginning in January 2021, the second semester sessions will once again be held via Zoom for the Charleston and Columbia deaneries.

This year's seminars focused on Emotional Intelligence, including topics important to ministry such as empathy, managing emotions, and dealing with conflict. Many business leaders believe that high emotional intelligence is key in today's workplace (ministry). According to the Mayo Clinic the person you report to at work is more important to your health than your family doctor.



## RESOURCES

### University of Dayton Virtual Learning Offers 2021 Cycles

The Diocese of Charleston, through the Office of Spirituality and Formation for Ministry, has partnered with the University of Dayton to offer continuing education courses at a special diocesan rate. Some parish staff members and parishioners have already taken advantage of this opportunity.

For more information, please contact Sr. Kathy Adamski, OSF at 843.261.0498 or [kadamski@charlestdioocese.org](mailto:kadamski@charlestdioocese.org).

Limited Financial Assistance Is Available: [Click for Grant Application Form](#)

Cycle 1: January 3 - February 6, 2021 (Registration: Opens October 21, 2020; Closes December 30, 2020)

- [Advanced Catholic Social Teaching \(SJ\)](#)
- [Basic Catechist Formation: Seminar 1.1 \(Catechesis is...\)](#)
- [Bible Basics](#)
- [Catechetical Methodology - AMS Military Only](#)
- [Catholic Beliefs](#)
- [Catholic Teaching on Chastity, Family Life, and Human Sexuality Education](#)
- [Christology](#)
- [Church History 1](#)
- [Ecclesiology: Beginnings of the Church](#)
- [Echoes of Racism: Whispers of Healing](#)
- [Emotional Intelligence and its Impact on Faith Formation](#)
- [Faith and Human Development](#)
- [Foundations for Liturgy](#)
- [Fundamentals in Deaf Faith Formation Methodologies \(SN 2\)](#)
- [Hope in Times of Crisis](#)
- [Images of Jesus](#)

- [Introduction to Catechesis](#)
- [Introduction to Christian Morality](#)
- [Introduction to Paul's Life and Letters](#)
- [Introduction to Practical Morality](#)
- [Introduction to Prayer](#)
- [Introduction to Scripture](#)
- [Marianist Studies: Mary, Holy Possibility](#)
- [New Testament](#)
- [Old Testament](#)
- [On the Call to Holiness \(Gaudete Et Exsultate\)](#)
- [Our Hearts Were Burning](#)
- [Principles for Addressing Diversity Issues in Youth Ministry](#)
- [RCIA: A Process of Conversion, Catechesis and Community](#)
- [Sacraments](#)
- [Spirituality in Adult Learning and Faith Formation \(AFL 6\)](#)
- [Study of The Joy of the Gospel \(Evangelii Gaudium\)](#)
- [Survey of Catholic Doctrine](#)
- [Survey of Catholic Social Teaching](#)
- [The Mass](#)
- [Vocation, Spirituality and Discipleship of Catechists](#)



## Advent Faith Sharing Offered by Renew

Focus on the significance of the holy season of Advent; reflect on how to be more open to Jesus' presence in your life; and deepen your faith with [Waiting with Joy](#), weekly reflections on the Sunday Readings for individuals, families, and small groups.

Join Sr. Terry for four weeks at 4 PM ET on Tuesday afternoons, from November 24 through December 15 in advance of each Sunday's readings. If evenings are better for you, join RENEW's Milissa Else on Monday evenings to share the preceding week's Gospel.

For afternoon faith sharing, [CLICK HERE](#).

For evening faith sharing, [CLICK HERE](#).

### **Interested in Advent faith sharing in Spanish?**

Join RENEW's Sr. Ruth Bolarte for *Viviendo el Adviento en la Familia* on Nov 16, 2020 07:30 PM ET.

For Spanish faith sharing, [CLICK HERE](#).

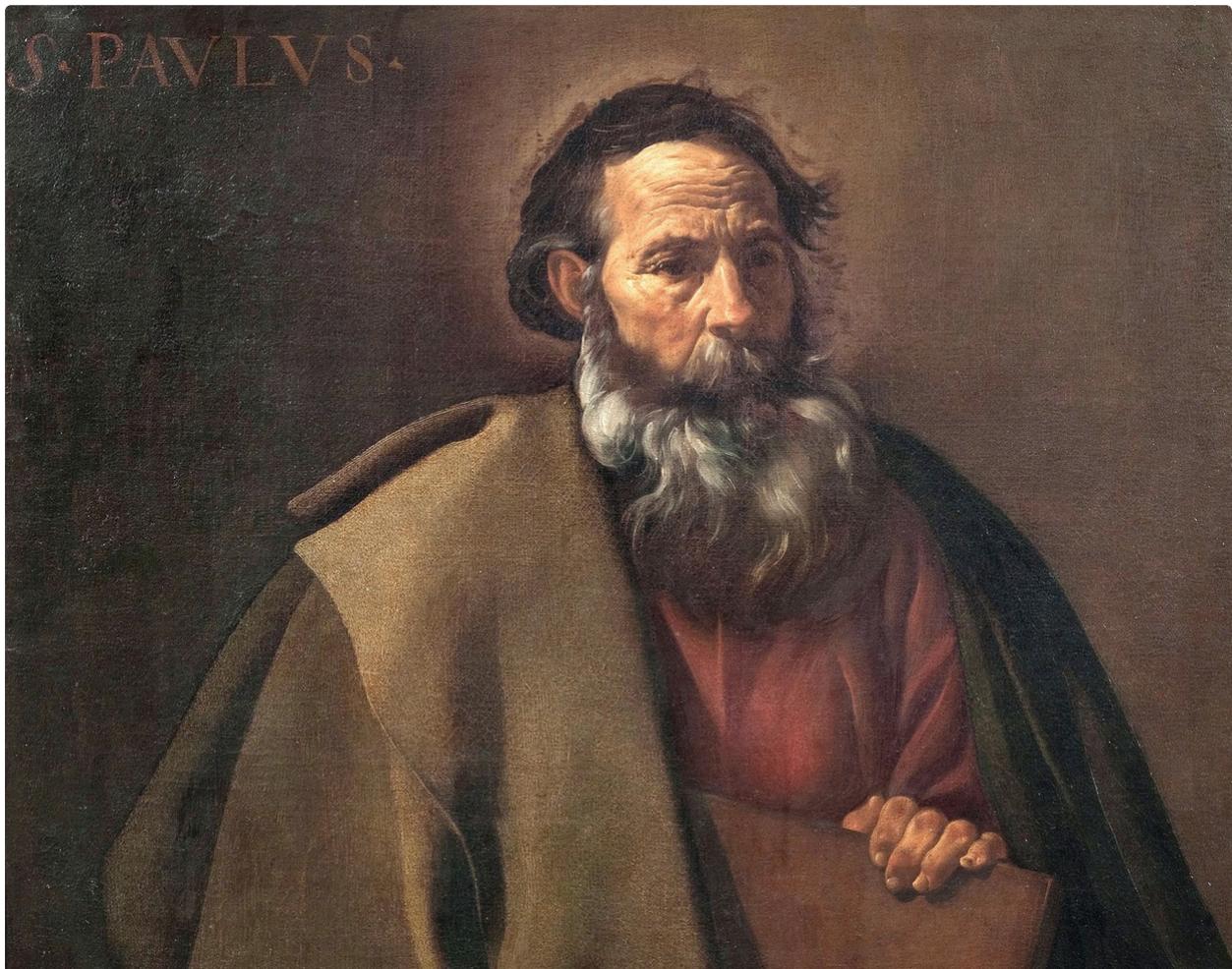


## St. Augustine Institute Graduate School of Theology Offers Financial Assistance

For those interested in earning their MA in Theology, St. Augustine Institute Graduate School of Theology has a rolling admission for our Fall, Spring, and Summer Terms and is now accepting applications for its distance education Spring Term beginning on January 11th. The priority deadline [to apply](#) is December 12, the Feast of our Lady of Guadalupe.

In support of the laity called to full-time ecclesial service, the Augustine Institute Graduate School of Theology offers financial assistance for their education and spiritual growth, that they may more effectively proclaim the Gospel to those whom the Lord has entrusted to their care.

Established in January 2020, our **St. Paul's Fund** continues to assist the lay faithful in obtaining their MA in Theology via our renowned [distance education platform](#). We invite all full-time employees serving the Church to learn more by [scheduling a call with admissions](#) today.

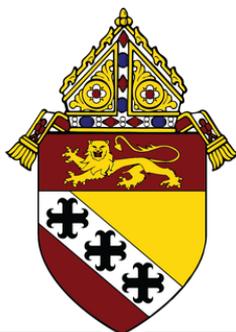


# Self-Compassion: The Antidote to Burnout and Fatigue

Ave Maria Press will offer this webinar, presented by Kelly Johnson and Debra Kelse-Davis, co-founders of Nourish for Caregivers, November 24th at 3:00 p.m.

Everyone hits the wall—exhausted, unmotivated, and stressed—and between the COVID pandemic and the upcoming holidays, the days ahead may look bleak for ourselves and those to whom we are ministering. Trends show that the impact of current events are affecting the emotional and mental well-being of more and more Americans. As ministers, we need to recognize the signs in others and in ourselves. In this webinar, Debra Kelsey-Davis and Kelly Johnson will address compassion fatigue, its symptoms, and intentional actions you can take that are guided by our Catholic faith. We find an antidote that provides hope and healing in the self-compassion modeled by Jesus.

[Register Here](#)



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OF CHARLESTON

## Office of Spirituality and Formation for Mission

Facebook

901 Orange Grove Road, Charle...

kadamski@charlestdioocese...

843.261.0498

charlestdioocese.org/formati...

