

# Be Not Troubled

## Women's Virtual Retreat

### FRIDAY | DEC. 4

6:00 - 6:40 pm — Talk I  
6:40 pm — Break  
7:00 - 7:40 pm — Talk II  
7:40 pm — Break  
8:00 - 8:30 pm — Talk III

### SATURDAY | DEC. 5

9:00 - 9:45 am — Talk IV  
9:45 am — Q&A  
10:00 am — Quiet Personal Time  
10:30 am — Prayer Time  
11:00 am — Healing Mass  
11:45 am — Novena Prayer to St. Gianna Molla  
12:00 - 12:45 pm — Lunch  
1:00 pm — Talk  
1:45 pm — Q&A, wrap up



### REGISTER / INFO

Office of Family Life

[familylife@charlestondiocese.org](mailto:familylife@charlestondiocese.org)

803-547-5063

**Retreat is \$20 for the book  
and recommended**

# Featured Speaker

*Father Jeffrey Kirby, STD*



Father Jeffrey Kirby is a Papal Missionary of Mercy, the Pastor of Our Lady of Grace Parish in Indian Land, S.C., and a Senior Contributor to the Crux news site.

Father Kirby holds a doctorate in moral theology from the Holy Cross University in Rome and a Bachelor of Arts in History and a Master of Arts in Philosophy from the Franciscan University of Steubenville. Father Kirby serves as an Adjunct Professor of Theology at Belmont Abbey College.

In 2016, Father Kirby was recognized by Governor Nikki Haley and granted the Order of the Palmetto, South Carolina's highest civilian honor, for his service to local communities and young adults throughout the state.

Father Kirby has authored several books, including *Lord, Teach Us to Pray*; *Kingdom of Happiness: Living the Beatitudes in Everyday Life*; *We Are the Lord's: A Catholic Guide to Difficult End-of-Life Questions*; *Thy Kingdom Come: Living the Lord's Prayer in Everyday Life*; and, the award-winning *Doors of Mercy: Exploring God's Covenant with You*.

Father Kirby grew up in West Germany, backpacked through Europe while in graduate school, ran two marathons while in seminary, served in the Army National Guard, attended seminary in Rome, has crossed the Atlantic Ocean by ship, eaten breakfast in the White House, and served as a Guest Chaplain to the US House of Representatives.

More information on Father Kirby can be found at [frkirby.com](http://frkirby.com). He can be followed on Twitter @fatherkirby.

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**FRIDAY, DEC. 4 &  
SATURDAY DEC. 5**

