

ADVENT 2020

DECEMBER

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

29 *1st Sunday of Advent*

Light the first candle on your Advent wreath.

Activity: Have a festive meal with family or socially-distant friends.



30

Spend a few minutes in silent prayer.

Activity: Make a Jesse tree: bit.ly/2SBn1Le



1

Read passages from a favorite spiritual book.

Activity: Do a secret act of kindness for someone.



2

Pray for a family member or friend going through hard times.

Activity: Donate food to a soup kitchen or pantry for the holidays.



3

Read Matthew 7:21, 24-27, the story of the man who built his house on the rock.

Activity: Listen to someone who needs to talk.



4

Read Matthew 9:27-31, where Jesus heals two blind men.

Activity: Go out with your family to look at Christmas lights and decorations.



5

Go to the sacrament of reconciliation.

Activity: Call an elderly neighbor or send cards to a nursing home.



6 *2nd Sunday of Advent*

Light your second Advent candle.

Activity: Today is the Feast of St. Nicholas! Have children leave out shoes and put small gifts in them.



7

Read Luke 5:17-26, where Jesus heals the man who was paralyzed.

Activity: Clean out clutter and donate warm clothing to a homeless shelter.



8 *Solemnity of the Immaculate Conception*

Attend Mass to honor this holy day of obligation.

Activity: Celebrate Mary's purity with a meal and dessert of all white foods.



9

Read about St. Juan Diego for his feast day today.

Activity: Have tamales for dinner, or make Mexican hot chocolate: bit.ly/2SYI77F.



10

Read Matthew 11:11-15, where Jesus speaks about St. John the Baptist.

Activity: Send Christmas cards and include your parish priest and local women religious.



11

Practice patience despite holiday crowds.

Activity: Attend a live Nativity or other Christmas event.



12 *Feast of Our Lady of Guadalupe*

Attend a Guadalupe celebration at a local parish.

Activity: Learn about today's feast: bit.ly/1eY8Chy.



13 *3rd Sunday of Advent*

Light the third candle on your wreath.

Activity: It's the feast of St. Lucy! Make a traditional Lucia cake: bit.ly/2AghSv.



14

Spend time in adoration of the Blessed Sacrament or silent prayer.

Activity: Call a relative or friend who lives far away.



15

Be kind to someone you find hard to like.

Activity: Make a Christmas craft, or color with your children.



16

Read Matthew 21:28-32, the parable of the two sons.

Activity: Put out food for birds or donate food to an animal shelter.



17

Read Matthew 1:1-17, about the genealogy of Jesus.

Activity: Watch a favorite Christmas movie or TV special.



18

Read Matthew 1:18-25, about the birth of Jesus.

Activity: Make Christmas cookies and leave them at the door of a friend or neighbor.



19

Read Luke 1:5-25, about Zechariah and Elizabeth.

Activity: Sing Christmas carols at home or go caroling outdoors with loved ones.



20 *4th Sunday of Advent*

Light your final Advent candle.

Activity: Read Luke 1:26-38, about the Nativity.



21

First Day of Winter! Thank God for the beauty of the seasons.

Activity: Roast marshmallows and make hot chocolate with family.



22

Say special prayers for family and friends who are traveling.

Activity: Reflect on the readings preparing us for the arrival of Christmas.



23

Read Luke 1:57-66, on the naming of St. John the Baptist.

Activity: Clean and prepare your home for holiday celebrations and offer it as a prayer.



24 *Christmas Eve*

Attend a children's Mass or go to Midnight Mass.

Activity: Light candles and pray in front of the Nativity scene in your home.



*Christmas
Nativity of the Lord*