



Grief, Sorrow, and the way Forward

Webinar review of 5 stages of grief vs sorrow

Gift of the Present Moment

Thursday October 8, 2020 at 7pm EST (Approx. 1.5 hours)

Saturday October 24, 2020 at 10:00am EST (repeat same material)

Open to anyone experiencing the Loss of a family member or friend. The goal is to continue a supportive network of persons connected through the experience of grieving a loved one.

To register please contact the Office of Family Life at familylife@charlestdiocese.org or call 803-547-5063.