

# Buzz Report

Office of Spirituality & Formation for Ministry

August 2020

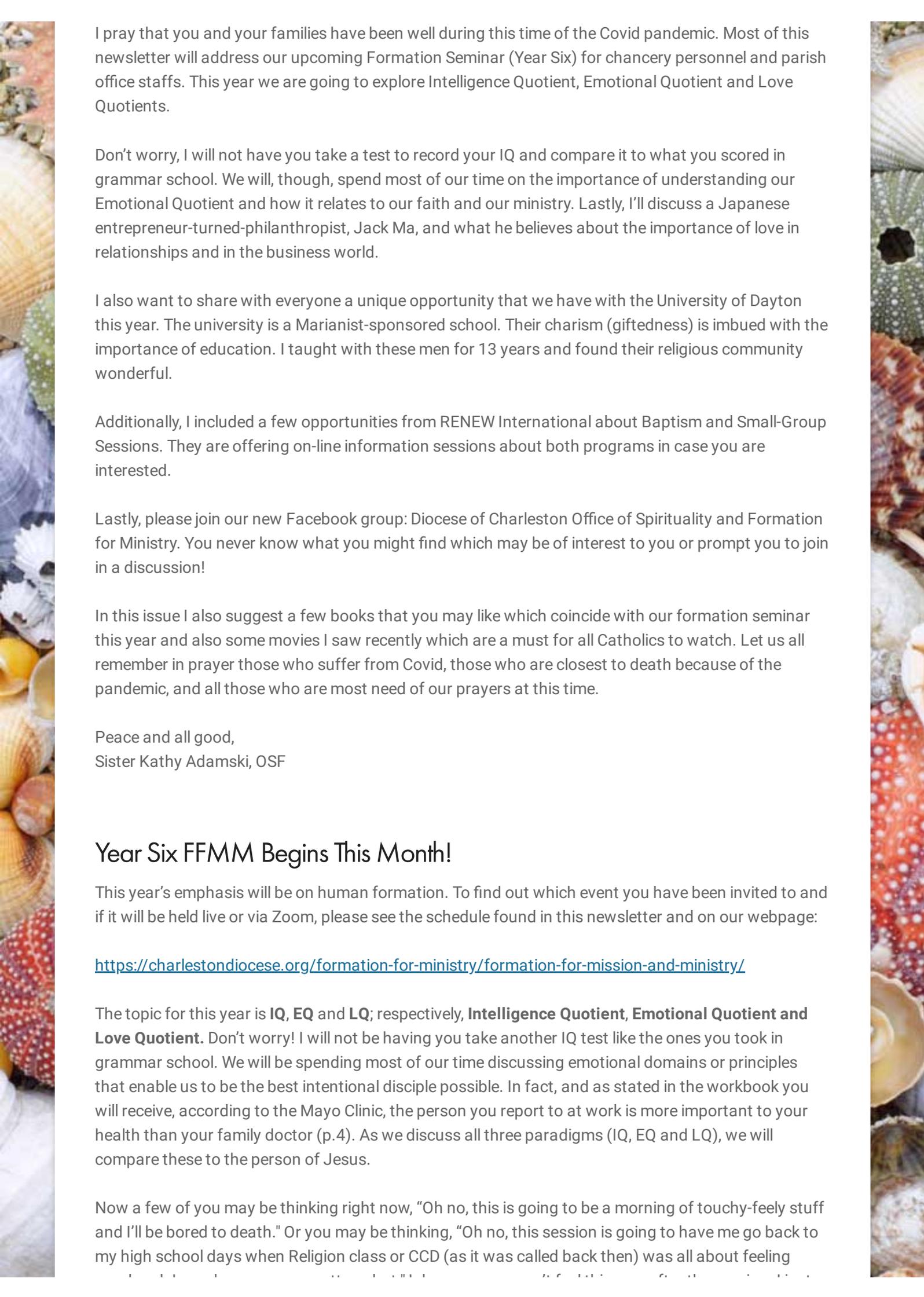


We Celebrate National Honey Bee Day on August 17!



From the desk of Sr. Kathy...

Dear Friends:



I pray that you and your families have been well during this time of the Covid pandemic. Most of this newsletter will address our upcoming Formation Seminar (Year Six) for chancery personnel and parish office staffs. This year we are going to explore Intelligence Quotient, Emotional Quotient and Love Quotients.

Don't worry, I will not have you take a test to record your IQ and compare it to what you scored in grammar school. We will, though, spend most of our time on the importance of understanding our Emotional Quotient and how it relates to our faith and our ministry. Lastly, I'll discuss a Japanese entrepreneur-turned-philanthropist, Jack Ma, and what he believes about the importance of love in relationships and in the business world.

I also want to share with everyone a unique opportunity that we have with the University of Dayton this year. The university is a Marianist-sponsored school. Their charism (giftedness) is imbued with the importance of education. I taught with these men for 13 years and found their religious community wonderful.

Additionally, I included a few opportunities from RENEW International about Baptism and Small-Group Sessions. They are offering on-line information sessions about both programs in case you are interested.

Lastly, please join our new Facebook group: Diocese of Charleston Office of Spirituality and Formation for Ministry. You never know what you might find which may be of interest to you or prompt you to join in a discussion!

In this issue I also suggest a few books that you may like which coincide with our formation seminar this year and also some movies I saw recently which are a must for all Catholics to watch. Let us all remember in prayer those who suffer from Covid, those who are closest to death because of the pandemic, and all those who are most need of our prayers at this time.

Peace and all good,  
Sister Kathy Adamski, OSF

## Year Six FFMM Begins This Month!

This year's emphasis will be on human formation. To find out which event you have been invited to and if it will be held live or via Zoom, please see the schedule found in this newsletter and on our webpage:

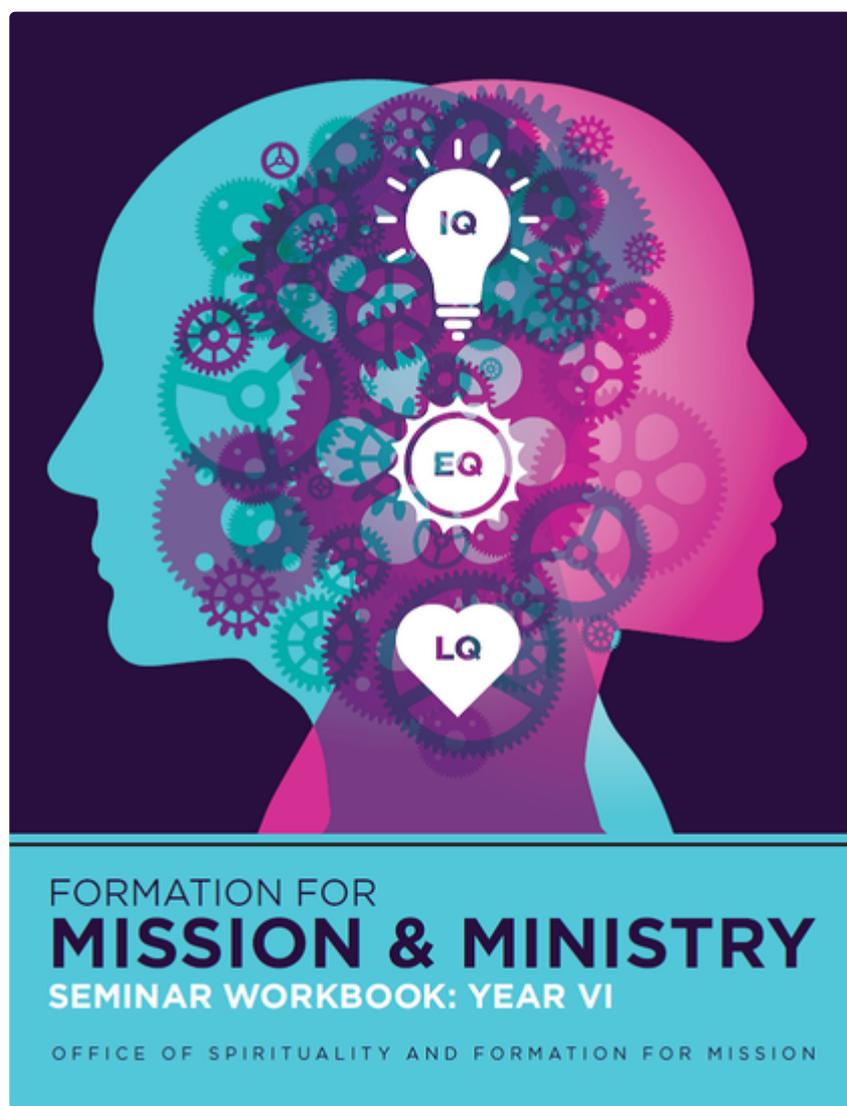
<https://charlestdiocese.org/formation-for-ministry/formation-for-mission-and-ministry/>

The topic for this year is **IQ, EQ and LQ**; respectively, **Intelligence Quotient, Emotional Quotient and Love Quotient**. Don't worry! I will not be having you take another IQ test like the ones you took in grammar school. We will be spending most of our time discussing emotional domains or principles that enable us to be the best intentional disciple possible. In fact, and as stated in the workbook you will receive, according to the Mayo Clinic, the person you report to at work is more important to your health than your family doctor (p.4). As we discuss all three paradigms (IQ, EQ and LQ), we will compare these to the person of Jesus.

Now a few of you may be thinking right now, "Oh no, this is going to be a morning of touchy-feely stuff and I'll be bored to death." Or you may be thinking, "Oh no, this session is going to have me go back to my high school days when Religion class or CCD (as it was called back then) was all about feeling

ask that all of you have an open mind and heart and ask yourself how your faith can mature by employing some of the principles of Emotional Intelligence. Additional information can be found on our departmental website:

<https://charlestdioocese.org/formation-for-ministry/>



## For Those Attending FFMM Via Zoom in 2020

For those of you must attend FFMM via Zoom this year due to logistics, here are a few additional guidelines for you:

You will receive an email containing your Zoom invite and as well as important information. Please be sure to RSVP to [cathy@charlestdioocese.org](mailto:cathy@charlestdioocese.org) for your assigned session in order to receive this email. Your program workbook will be mailed to your parish or diocesan office address in advance of your session.

During Zoom sessions, everyone will be muted by the host. Please use the Chat With Everyone feature to type in your questions. I will answer all of those questions after we return from each of our 15-minute breaks.

We will be having breakout sessions where each one of you attending will be automatically placed into a "room." These breakout "rooms" will serve the same as sharing a table at a live event. You will need to

click "Accept" to enter your breakout room and click "Leave" when the countdown begins. You will have 60 seconds to return to main group. I ask that one person in each breakout room act as a facilitator to make sure each person has a chance to share.

**Please consider using a laptop or desktop computer for the Zoom sessions and a Chrome Notebook will not allow you to attend breakout sessions.** FFMM via Zoom will be a different experience for sure, but I am confident it will go well!



## E-Seminars and E-Courses Through University of Dayton/Diocese of Charleston Partnership

I want to remind you once again of the new partnership that the Bishop and the Diocese of Charleston have entered into this year. We have partnered on Adult Faith Formation with the University of Dayton, a fine institute of higher learning sponsored by the Marianist Religious order of priests and brothers. For over 20 years, the University of Dayton has offered Adult Faith Formation seminars and courses over the internet. Coming this fall one can choose courses from Cycles Six and Seven.

Click here for a complete list of available courses:

[https://vlcff.udayton.edu/courses/courses.php?group\\_by\\_track=1](https://vlcff.udayton.edu/courses/courses.php?group_by_track=1)

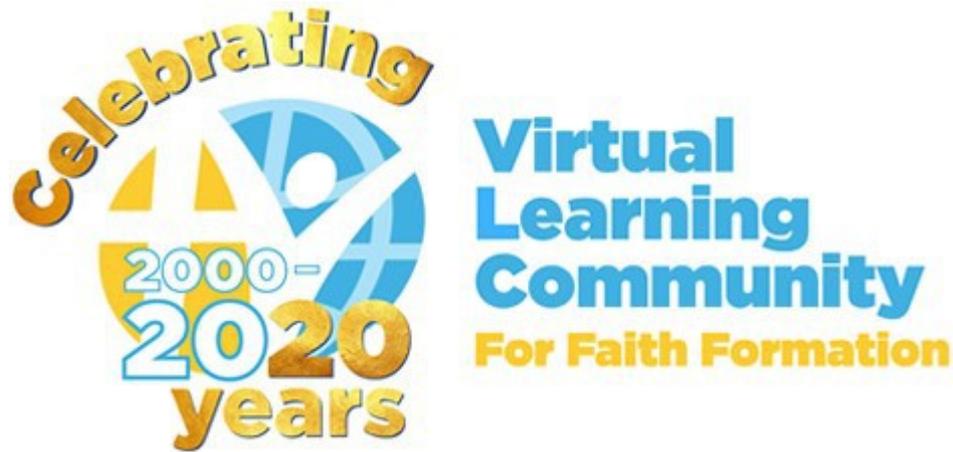
**Who can become a student?** Anyone in our diocese who desires to grow in our faith and develop a closer relationship with Jesus. Explore the program here: <https://vlcff.udayton.edu/>.

Click here for a complete list of available courses:

[https://vlcff.udayton.edu/courses/courses.php?group\\_by\\_track=1](https://vlcff.udayton.edu/courses/courses.php?group_by_track=1)

I believe these courses could improve your knowledge if you have taken a bible study course at your parish and, it would also be good for one who is brand new to understanding our faith. In fact, parishioners could come together weekly and discuss what the professor is sharing. If you are nervous about coming together in person at present, this opportunity is perfect for you as you can do so individually...all one needs is a computer and internet access. Because we are a partnering diocese, E-seminars are only \$40 and e-courses are only \$50 for parishioners.

**Special Note:** If you are a church staff member, principal, or teacher, the Office of Spirituality and Formation for Ministry is currently accepting grant applications for those who minister for the church. I received a wonderful grant from the Bikulege Family Foundation that helps to support my ministry of formation and I still have some grant monies available for fall.



## SMALL GROUPS 101 Offered by Renew Intl.

From Renew International:

As we continue to navigate this pandemic and life afterwards, we know people are hungering for spirituality, community, support, and a sense of renewed purpose. That's why we are offering our brand new *Small Groups 101!* It's easy, flexible, online, fully supported, and affordable!

We want to equip parishes everywhere to harness the amazing transformative power of small groups and their big impact--which we've done for over 40 years--to form disciples, build community, and renew parish life! Learn about this new program in an online information session on August 20 at 2 p.m. ET.

Click here for more information: [https://pages.renewintl.org/small-groups-101?utm\\_campaign=General%20&utm\\_medium=email&hsenc=p2ANqtz-9efRV2CvEGp3nib616LxBoC61gkMV0ilKmgokicG5kU6Gc4orfaLLb](https://pages.renewintl.org/small-groups-101?utm_campaign=General%20&utm_medium=email&hsenc=p2ANqtz-9efRV2CvEGp3nib616LxBoC61gkMV0ilKmgokicG5kU6Gc4orfaLLb)

## BAPTISM MATTERS Offered by RENEW Intl.

Transform your baptism preparation into evangelization! Parents bring their children for baptism for a wide variety of reasons. While we always hope that they will come because they want to pass on their faith to their children, whatever brings them to our door is a cause for rejoicing. Learn how *Baptism Matters*, a new **online** solution from RENEW, will give you the tools to transform your baptism preparation program into an evangelizing experience. To register for an information session on August 13 at 2 p.m. visit: <https://pages.renewintl.org/baptism-matters>

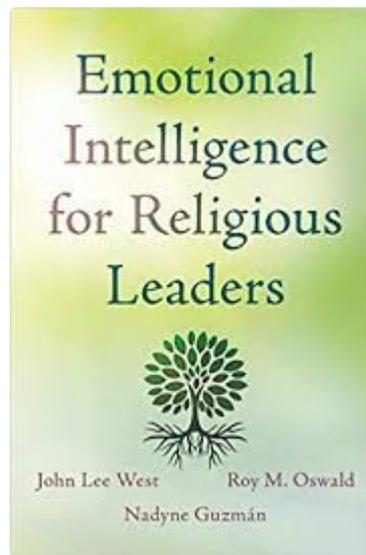


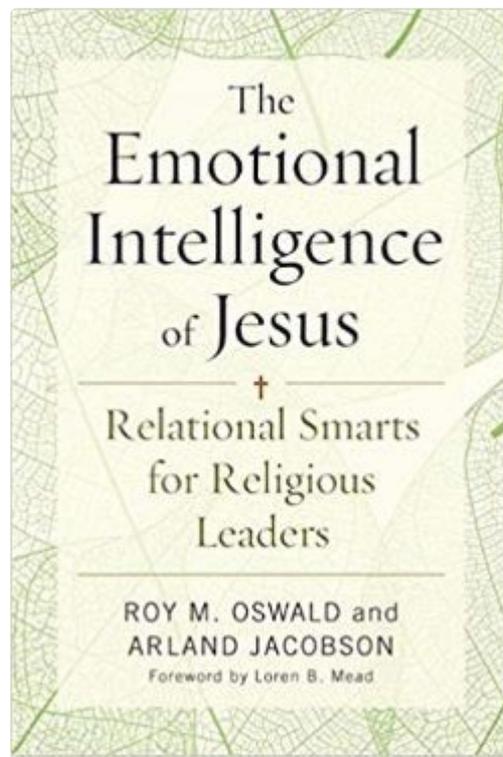
## Books & Movies of the Month

### Books to Partner with FFMM Year VI

A) *Emotional Intelligence for Religious Leaders* by John Lee West, Roy M. Oswald and Nadyne Guzman

B) *The Emotional Intelligence of Jesus Relational Smarts for Religious Leaders* by Roy M. Oswald and Arland Jacobson (A "How to" book)





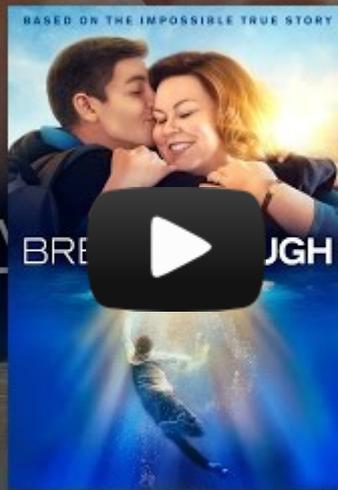
## Must See Movies

"Harriet" may give one a different perspective on race relations in our country while "Breakthrough" is a testament to the faith and miracles of a mother's love. Both are true stories.

HARRIET | Official Trailer | Now Playing



## Breakthrough



## Factoid

### CARA Report...Continued

*The American Parish: By the Numbers*

#### **Catholic Marriages**

1970 - 426,309

2018 - 143,082

#### **Infant Baptisms**

1970 - 1,089,000

2018 - 615,119

#### **African-American Catholics in the US**

3 million

#### **Roman Catholic Parishes Considered to be Predominantly African American in the US**

798

76% of African-American Catholics are in diverse or shared parishes

24% of African-American Catholics are in predominantly African-American parishes

25% of parish intentionally serve Hispanic Catholics

August 2020/ *Counseling Today*

B) Research indicates that Black Americans are 20% more likely to report serious psychological distress than are White Americans, yet they are less likely to use mental health services.



ROMAN CATHOLIC  
**DIOCESE**  
OF CHARLESTON

## Office of Spirituality and Formation for Ministry

 Facebook

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