



## **NOW FORMING A NEW COHORT FOR DIOCESE OF CHARLESTON** *Formation in Ignatian Spirituality and Spiritual Direction*

**Certificate of Spiritual Direction program** is designed to prepare guides to help others deepen their relationship with the divine. The CSD provides rich, meaningful preparation for those who seek a fuller experience of God's love. The coursework and interactive group dynamics help students to grow in their own personal spirituality and to learn basic skills for contemplative listening and discernment. Hybrid classes combine face to face instruction with online work.

Spring Hill College, founded in 1830, is the oldest Catholic college in the Southeast. Our first CSD cohort in the Diocese of Charleston was formed in Fall 2018. The second cohort would begin in Fall 2020. For more information, visit the website: [www.shc.edu/theology](http://www.shc.edu/theology)

**Program Requirements:** 18 credits, two full years (4 semesters & 2 summers), limited to 15 students

Year One: Spiritual Direction Seminar/Fall (3 credits); Spirituality & Psychology/Spring (3 credits)

Year Two: Spiritual Direction Practicum I & II/Fall-Spring (4 credits total)

Summer Institute, 2 weekends + online (for 2 summers/total of 8 credits)

- Core Courses (2 credits each, total of 4): Prayer & Discernment and Spiritual Exercises of St. Ignatius (offered every two years)
- Spirituality Electives (1-3 credits each, total of 4)

### **Class sessions/Locations**

Year One & Two (Fall and Spring semesters) meet one Saturday a month (usually 9-3), 4 times each semester at Our Lady of the Hills Catholic Church, Columbia..

Summer Institute courses meet on two weekends in June for two summers at Ignatius Retreat House, Atlanta, or at SHC campus in Mobile, AL for two weeks in June (Mon.-Fri.). When possible, also in Columbia, on the Deacon Formation weekends in May and July.

**Prerequisites** (in some cases these can be fulfilled as "co-requisites" during the course of CSD program)

- Completion of 30 credit hours in biblical, moral and spiritual theology (or approved equivalents, such as non-credit diaconate formation programs or private studies)
- Completion of at least one individually directed Ignatian retreat (5-8 days)
- Experience of at least one year of ongoing spiritual direction

**Cost:** \$345/credit hour or \$6,210 for the entire certificate program.

If interested, contact Deacon Tom Whalen by April 20: [thomas.whalen@stmarysgvl.org](mailto:thomas.whalen@stmarysgvl.org)