



ROMAN CATHOLIC
**DIOCESE
OF CHARLESTON**

OFFICE OF SPIRITUALITY AND FORMATION FOR MINISTRY

SPIRITUAL DIRECTION INFORMATION SHEET

Name: _____

Address: _____

City: _____ Zip Code: _____

Phone: _____ (Home)

_____ (Work)

_____ (Mobile)

What has led you to seek spiritual direction or spiritual mentoring?

How do you pray now? Do you have a favorite form of prayer?

What was the last book on spirituality that you read? What aspects of the book did you appreciate? What aspects did you not appreciate?

